

Welcome to the County of Brant Senior's Newsletter, just for seniors! This monthly newsletter will keep you up-to-date with what's happening in our fabulous communities for residents 55+.

October 1 is Seniors Day!

Happy Seniors Day to all the wonderful seniors in the County of Brant! Your wisdom, experience, and contributions enrich our communities every day.

Check out the great things we have happening for you to **Get Out, Get Involved and Get Active**.

- Indoor Pickleball Programs start. Visit brant.ca/Pickleball for more information.
- Free Adult Skate at Burford Community Centre from 11:00 am - 1:00pm.
- Hike and Photo Printing Outdoor Experience. Join the County of Brant Public Library and the Brant Outdoor Active Adults. Registration is required. ([#7000](#))
- Fill Your Cup - Drop in social, coffee, tea and light refreshments sponsored by Telfer Place Retirement Residence. *NEW TIME* 11:30 am - 1:00pm, please enter through the carport doors.

Upcoming Programs, Workshops and Events

55+ Community Dance

Join us for the inaugural 55+ Community Dance! Get ready to groove to your favorite tunes and make unforgettable memories. Whether you're a dancing enthusiast or simply seeking a delightful evening out with friends, this event promises to be an evening of fun. The County of Brant is partnering with the Paris Legion Branch #29 and Queensview Retirement Residence. Don't miss out on the chance to kick up your heels and connect with friends old and new.

*Registration is open!

Date:	Time	Location	Fee	Activity #
Friday, October 4	7:00 - 11:00 pm	Syl Apps Community Centre	\$10.00	6975

Fall Planter Workshop

Join Horticulturist Lynn Leach to create a beautiful fall planter for your front step using mums, seasonal plants and accessories. Each kit includes a pot, a variety of fall plants and customizable accessories. All materials and instruction provided, ensuring a fun and creative experience involved.

Date:	Time	Location	Fee	Activity #
Tuesday, October 8	10:00am – 12:00 pm	Glen Morris United Church	\$35.00	6976

Cornhole, Curling and Cards

Join us for an afternoon of friendly competition and camaraderie with cornhole, indoor curling and cards. This program offers something for everyone, regardless of skill level or experience. Come toss, roll and shuffle the afternoon away. Light refreshments will be served.

Date:	Time	Location	Fee	Activity #
Thursday, October 10	1:00 pm – 3:00 pm	TF Warren Group Cainsville Community Centre	\$6.00	6974

Walking Soccer

Walking Soccer is a low impact, modified version of regular soccer, with NO running and NO contact. Walking Soccer is a fun way to participate in team comradery and is suitable for all levels of fitness and abilities. Indoor flat soled shoes are required. Shin pads are suggested.

Date:	Time	Location	Fee	Activity #
Tuesday, October 22	1:30 – 3:00 pm	Syl Apps Community Centre	\$6.00	6973

Trivia at Paris Beer Co.

Mark your calendars for a fun afternoon of trivia at Paris Beer Co. Enjoy a pint, tasty eats and test your knowledge on everything from history to pop culture. Let the games begin! (Participants are responsible for their own food and drink)

Date:	Time	Location	Fee	Activity #
Thursday, October 24	1:00 – 3:00 pm	Paris Beer Co. <i>31 Mechanic Street, Paris</i>	Free	6971

How to Register?

Online: Register online today by visiting www.brant.ca/COBConnect

In-person: Register in-person at the Brant Sports Complex (944 Powerline Road, Paris)
Monday - Friday from 8:30 am - 8:00 pm

Need assistance with registering? Call 519.442.1944.

Customer service hours are Monday to Friday from 8:30 am - 4:30 pm

Registration is open for Fall 2024 Programs.

What else is happening in Brant?

Skating in Brant!

To view full schedule, including no-skate dates, visit brant.ca/skates.

Adult Skates:

Day:	Time:	Location:	Fee:
Monday & Wednesdays	1:30 pm - 2:30 pm	Brant Sports Complex	Single Pass - \$3.00 10 Pass - \$27.00
Tuesdays	11:00 am - 1:00 pm	Burford Community Centre	Single Pass - \$3.00 10 Pass - \$27.00
Monday & Wednesday	1:00 pm - 2:30 pm	Gaukel Memorial Community Centre	Single Pass - \$3.00 10 Pass - \$27.00

Adult Shiny:

Day:	Time:	Location:	Fee:
Thursdays	2:00 pm - 3:00 pm	Burford Community Centre	\$7.00
Wednesday & Thursday	11:30 am - 1:00 pm	Gaukel Memorial Community Centre	\$7.00

Adult Figure Skating:

Day:	Time:	Location:	Fee:
Wednesday	1:30 pm - 2:30 pm	Brant Sports Complex	Single Pass - \$3.00 10 Pass - \$27.00

Drop-in Programs at Syl Apps Community Centre – Starting October 15

Walking on the Turf

Day:	Time:	Location:	Fee:
Mondays, Thursdays & Fridays	12:00 pm – 1:00 pm	Syl Apps Community Centre	Single Pass - \$1.00 Season Pass - \$26.00
Tuesdays & Wednesdays	8:00 am – 9:00 am	Syl Apps Community Centre	Single Pass - \$1.00 Season Pass - \$26.00

RC Flyers

Day:	Time:	Location:	Fee:
Mondays & Wednesdays	1:30 pm – 3:30 pm	Syl Apps Community Centre	\$5.00

Brant Outdoor Active Adults Walk

Join the [Brant Outdoor Active Adults](#) (formally Brant Pedalars and Paddlers) for a walk in Barkers Bush, Paris, Meet the group at the Wincey Mills Parking lot, Walk is approximately 1.5 hours and is a great way to meet new people and get some exercise!

Date:	Time	Location	Fee
Every Monday	9:00 am	Wincey Mills – parking lot	FREE

Indoor Lawn Bowling

The St George Lawn Bowling Club is operating the Indoor Lawn Bowling Program (Short Mat) at Gaukel Memorial Community Centre in the Banquet Hall. For more information or to register email info@stgeorgelawnbowling.ca

Date:	Time	Location	Fee
Mondays & Fridays	9:30 am – 11:00 am	Gaukel Memorial Community Centre	\$100.00 for members \$120.00 for non-members
Thursdays	7:00 pm – 9:30 pm	Gaukel Memorial Community Centre	\$100.00 for members \$120.00 for non-members

Upcoming County of Brant Library Programs and Events

Check out the great things happening this Fall with the County of Brant Public Library! To view the full calendar of events and to register for events, visit www.brantlibrary.ca or contact the library directly at 519.442.2433

Wills and Power of Attorney – Zoom

Get the resources and information you need to feel confident creating your Will and appointing a Power of Attorney. Featuring special guest Ayesha Noorani from the Brant Haldimand Norfolk Legal Clinic.

- Wednesday, October 16 – 7:00 pm – 8:00 pm. *Online via Zoom.*
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Canning Essentials

This is a two-part series is a demonstration only program, no food will be provided for consumption or individual canning purposes. The first week you will see a series of demos of various canning techniques, options and styles. The second week you will have the opportunity to learn how to make custom canning labels for your 'at home' canning projects. Innovate and Create sessions are funded in part by the Government of Ontario.

- Thursday, October 17 & Thursday, October 24 – 10:30 am – 12:00 pm at Burford Community Centre, 14 Potter Drive, Burford
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Conversations with Shari Lapena - Presentation

- Friday, October 18 – 7:00 pm at Brant Sports Complex – Lafarge Hall, 944 Powerline Road, Paris
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Love your Library: Date with a Book, book exchange and snack bar

Bring a gently used book to trade in our book exchange and snack bar event. Join other readers, hear about great book suggestions, take a new to you book or two home and enjoy an evening of refreshments as you update your own personal library. Please remember to bring a gently used book

- Wednesday, October 23 – 6:30 pm – 8:00 pm at County of Brant Library – Scotland-Oakland Branch, 281 Oakland Road, Scotland
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Looking to have something featured in this publication?

Do you have a group or upcoming event and you would like to be featured in this publication? Please email heather.slot@brant.ca, and feel free to pass this information along to anyone who may be interested.

If you do not want to receive this monthly newsletter, please respond with UNSUBSCRIBE and your name will be removed from the mailing list.

County of Brant Recreation Services
www.brant.ca/Recreation

Call 519.44BRANT (519.442.7268) / 1.855.44BRANT (1.855.442.7268)

Email us at parksandrec@brant.ca

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