

Welcome to the County of Brant Senior's Newsletter! This newsletter will keep you up-to-date with what's happening in our fabulous communities for residents 55+.

Happy New Year! We are looking forward to all the exciting events and activities we have in store for 2025. January is a time for new resolutions, so take a moment for yourself and make plans to join us!

Upcoming Programs, Workshops and Events

Winter Program Registration opens on Monday, January 6, at 6:00 pm.

Walking Soccer

Walking Soccer is a low impact, modified version of regular soccer, with NO running and NO contact. Walking Soccer is a fun way to participate in team camaraderie and is suitable for all levels of fitness and abilities. Indoor flat soled shoes are required. Shin pads are suggested.

Date:	Time	Location	Fee	Activity #
Friday January 10	1:30-3:00pm	Syl Apps Community Centre	\$6.00	7453
Friday January 24	1:30-3:00pm	Syl Apps Community Centre	\$6.00	7213

Paint Workshop with Amy Walsh-Harris

Come and join local artist Amy Walsh-Harris for a paint afternoon. Participants will be guided to create their own masterpiece. All supplies will be provided.

Date:	Time	Location	Fee	
Thursday January 16	1:00-3:00pm	Sojourn Church 112 Scott Ave, Paris	\$35.00	7204

Artistic Journaling with Debra Vincze of Kindred Spirits

Join Debra Vincze from the Kindred Spirits Artisans of Paris, for an afternoon of artistic journaling. This is an opportunity for you to explore your thoughts and feelings with the use of various artistic mediums. Everyone has been an artist at one point in their life and this is a way to freely express yourself and get messy. All supplies are provided. Life is messy; embrace it!

Date:	Time	Location	Fee	Activity #
Tuesday January 21	10:00-12:00pm	Sojourn Church 112 Scott Ave , Paris	\$25.00	7205

Musical Bingo

Join us for a lively afternoon of Music Bingo! Enjoy a unique twist on the classic game as you listen to your favorite tunes and mark off the songs on your bingo card. With great music, and a vibrant atmosphere, it's a perfect way to spend an afternoon with old friends and new! Whether you're a music lover or just looking for a good time, come join the excitement and see if you can shout "Bingo!" first!

Date:	Time	Location	Fee	
Thursday January 23	1:00-3:00pm	Paris Beer Company 31 Mechanic St, Paris	FREE	7456

Triple C: Corn Hole, Curling & Coffee

The Triple C Social Club is an afternoon of friendly competition and camaraderie with corn hole, indoor curling and coffee. Triple C offers something for everyone, regardless of skill level or experience. Come roll, toss and enjoy a coffee.

Date:	Time	Location	Fee	
Thursday January 30	1:00pm-3:00pm	Sojourn Church 112 Scott Ave, Paris	\$6.00	7209

Corn Hole Tournament

A fun-filled and engaging event designed especially for our senior participants! Corn hole is a classic game that combines friendly competition with a relaxed, enjoyable atmosphere. Whether you're an experienced player or new to the game, this event is all about coming together for a good time.

Date:	Time	Location	Fee	
Friday January 31	1:00-3:00pm	Sojourn Church 112 Scott Ave, Paris	\$6.00	7212

How to Register?

Online: Register online today by visiting www.brant.ca/COBConnect

In-person: Register in-person at the Brant Sports Complex (944 Powerline Road, Paris)
Monday - Friday from 8:30 am - 8:00 pm

Need assistance with registering? Call **519.442.1944**.

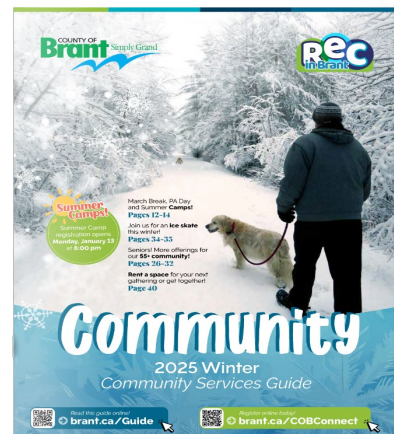
Customer service hours are Monday to Friday from 8:30 am - 4:30 pm

2025 Winter Community Services Guide

Winter Program Registration opens on Monday, January 6, at 6:00 pm.

Get your copy of the 2025 Winter Community Services Guide!

You can view the Guide online or pick up a printed copy at any County of Brant Customer Service office or Community Centre. The Winter guide is packed with information about drop-in and registered recreation programs for all ages, parks, events, and community



We want to hear from YOU! Reach out to our County of Brant Senior Programs team with any questions, comments or ideas at seniors@brant.ca

Recreational and Drop In Skating

Adult Skates	Time	Location	Fee	No Skate
Mondays & Wednesdays	1:30-2:30pm	Brant Sports Complex	\$3.00/person	Dec, 23,25,30, Jan 01, 20
Tuesdays	11:00-1:00pm	Burford Community Centre	\$3.00/person	Dec 24,26,31
Mondays & Wednesdays	1:00-2:30pm	Gaukel Memorial Community Centre	\$3.00/person	Dec 25, Jan 01

Adult Figure Skating	Time	Location	Fee	No Skate
Wednesdays	1:00-2:30pm	Brant Sports Complex	\$3.00	Dec 25 Jan 01

Adult Shiny	Time	Location	Fee	No Skate
Thursdays	2:00-3:00pm	Burford Community Centre	\$7.00	Dec 26
Wednesdays & Thursdays	11:30-1:00pm	Gaukel Memorial Community Centre	\$7.00	Dec 25, 26 Jan 01

What else is happening in Brant?

Grand River Council on Aging

Exploring the Canadian Dental Care Plan.

The Grand River Council on Aging invites you to join Nicole Fogarty, from Service Canada to learn how the Canadian Dental Care Plan (CDCP) can assist seniors in overcoming financial obstacles to oral health care. Nicole will discuss the CDCP eligibility, the application process, and the various covered services offered by CDCP, empowering you to enhance your oral health and overall well-being.

Wednesday, January 15, 2025, from 10:00 to 11:00 a.m.

To register for this virtual workshop, please email admin@grcoa.ca or call 519 754-0777 ext. 439

Fraud and Scams

The Grand River Council on Aging invites you to join Chris Callum from the Ontario Securities Commission, for an overview of some common scams and tactics fraudsters use. Get tips to protect yourself from fraud!

Wednesday, January 29, 2025, from 10:00 to 11:00 a.m.

To register for this virtual workshop, please email admin@grcoa.ca or call 519 754-0777 ext. 439

Upcoming County of Brant Library Programs and Events

Check out the great things happening with the County of Brant Public Library! To view the full calendar of events and to register for events, visit www.brantlibrary.ca or contact the library directly at 519.442.2433.

Calendar Crafting

Want a calendar that's uniquely yours? Learn how to design a personalized calendar that fits your style and schedule in this demonstration-only workshop!

Explore user-friendly software to customize a calendar with photos, designs, and important dates. Using the large format printer available at the library, your customized creation will come to life.

Due to time constraints, only 1 calendar will be demonstrated.

- **January 14 , 6:30-8:30pm, Paris Branch,**

Intro to 3D Printing

In our Maker Workshop program, you'll learn the fundamentals of 3D printing.

This introductory course is perfect for beginners who want to learn how to create 3D models and bring them to life. By the end of the course, you'll have basic knowledge of all things 3D printing

- **January 21, 6:30-8:30pm, Burford Branch**

Bakes and Mysteries Book Club

Cozy reads to warm up with this season! Join us for a delightful blend of mystery and baking in Bakes & Mysteries, where the only thing sweeter than the treats we bake is the twisty, thrilling storylines we unravel! Each month, we'll dive into a cozy mystery novel, savoring the suspense while enjoying homemade baked goods.

Free program.

Registration required.

- **Last Wednesday of the Month, 6:30-8:30pm, St George Branch**

SOAR Drop In

Connect with SOAR Community Services! Drop in to learn all that SOAR Community Services has to offer!

- **January 28 , 1:00-4:00pm, Paris Branch**

Meet Jeremy Taylor, Makerspace Coordinator for the County of Brant Public Library.

What is a Makerspace? A Makerspace is a library space where community members can access equipment, technology, and expertise to work on personal projects and learn new skills.

Available equipment includes 3D printers, a Large Format Printer, Digital Embroidery Machine, Vinyl Cutter & much more. Learn to create personalized t-shirts, tote bags or mugs. Print out large sewing patterns, or enlarge your favourite photos to print art and hang in your home. Use the 3D printer to prototype a business idea or create game pieces, key trays, planters, and more. The opportunities are endless!

To get started, join a MakerWorkshop on a preferred topic, drop-in for MakerHours to explore the equipment, or schedule a one-on-one MakerMentor session for assistance with your special project.

For more details, visit brantlibrary.ca/makerspace or contact Jeremy at jeremy.taylor@brant.ca

Looking to have something featured in this publication?

Do you have a group or upcoming event, and you would like to be featured in this publication? Please email heather.slot@brant.ca, and feel free to pass this information along to anyone who may be interested.

If you do not want to receive this monthly newsletter, please respond with **UNSUBSCRIBE** and your name will be removed from the mailing list.

County of Brant Recreation Services

www.brant.ca/Recreation

Call 519.44BRANT (**519.442.7268**) / 1.855.44BRANT (**1.855.442.7268**)

Email us at parksandrec@brant.ca

We're Social! **Follow us** on Facebook, Twitter and Instagram
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