



Paris Soccer Club Team Trainer

Role - teams to have the support of a trainer to assist players in the event of an injury, offer basic first aid and in the event of a serious injury contact paramedics or be sent to hospital for assistance.

Help the association to

Work with players before game to teach proper warm up and stretches so players are prepared to play, in doing so, these exercises prevents many common injuries and/or lessens the extent of the injuries.

Time commitment

- One year term
- On average, 2-4 hours per week

Responsibilities

- Attend PSC coaches clinic
- Review coaches resources and submit all volunteer paperwork including Vulnerable Sector Police Check
- Put together a first aid kit which is to be available at all games and practices, to offer basic first aid
- Prepare for practices and games by leading players through stretching and warm up drills
- At start of season have players fill out medical form to learn about any health issues and how to deal with them
- Consult with parents to discuss their child's injury and work with them to develop a return to play plan.
- Monitor players during games/practices for any health issues, including heat stroke, sunburns, injuries, concussion symptoms, etc.
- Deliver a fun experience

You are

- *interested in the sport of community soccer*
- *willing to share your knowledge, experience and passion of soccer with your players and fellow coaching staff*
- *committed to the confidentiality of all Paris Soccer Club including player records*
- *genuine interest in participating and supporting community volunteer events*
- *interested in community development in Brant county*

Requirements & qualifications

- Patience and ability to work with youth
- Strong interest and knowledge with soccer
- First aid training and experience
- Communication and people skills

Benefits

- Gain valuable experience
- Support a volunteer led sports organization
- Meet new friends and increase your social circle
- Promote soccer throughout Brant County

Key contacts

- Paris Soccer Club Coach
- Paris Soccer Club Convenors
- Paris Soccer Club Coaches and Coach-at-large
- Paris Soccer Club Volunteer Coordinator

Training / Orientation

- Paris Soccer Club Volunteer Handbook provided
- Paris Soccer Club Constitution
- Paris Soccer Club Policies/Procedures Manual
- First Aid / trainer resources

Agreement

"We have discussed this volunteer position description and I make a commitment to carrying out these responsibilities to the best of my ability for _____. (Length of time)

I am accountable to _____ for my work within this position.

Volunteer signature

Date

"In turn, the club commits to supporting

_____ in his/her volunteer work.

Coordinator of Volunteers

Date

Intake checklist

- volunteer information form updated*
- position description reviewed and signed*
 - copy to file*
 - copy to volunteer*
- volunteer information added to Paris Soccer Club volunteer contact list*

Follow-up

- at one year*
Date: _____

To apply to any Paris Soccer Club volunteer position, please contact:

Paris Soccer Club's –
Volunteer Coordinator:

admin@parissoccer.ca

Visit us at:

www.parissoccer.ca