



# Community Paramedics

## **Brant/Brantford Paramedic Services**

Partnering together in the provision of optimal care

*We are paramedics taking a proactive approach to healthcare by focusing on improving health outcomes among medically vulnerable people*

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# About Us

Paramedics are highly trained medical professionals who are well positioned within the community to provide a range of home based services. The use of paramedics in this expanded role focuses on health promotion, reducing emergency department visits and hospital admissions, through in-home assessment and treatment.

## Bridging the gap

For those who require care, access should not be a barrier. Community paramedics work with physicians and care teams to provide individuals with care and services within the community and home setting. Patients can be assessed and treated in the comfort of their home, eliminating access barriers and connecting patients with services when and where they need them.

### Community Paramedics Services



- Services offered:
- Assessments
  - Referrals
  - Injections (B12, B6, Prolia, Allergy etc)
  - Immunizations
  - Libre/Dexcom sensor change
  - IV initiation
  - Urinalysis with Clinitek+ Analyzer
  - Lifelabs blood draw
  - Advocacy
  - Access (transportation, food etc)
  - Blood Glucose Monitoring
  - 12 Lead
  - HBA1C testing



# What services do we offer?

## Wellness Clinics

Community paramedics host scheduled wellness clinics within senior buildings and subsidized housing complexes. Paramedics provide health assessments, consult with client healthcare teams regarding health and medical concerns, and educate participants on disease prevention, healthy living and medication management. Individuals can also be referred to other community resources, thereby reducing barriers to accessing care.

*“I worry a lot less about my condition. They are informed and caring people with my best interest at heart. I feel very lucky to be involved in this program”  
(CP Client)*



## In-Home Services

Community paramedics can provide the following in-home assessment and treatment services:

- Medication administration (eg. B12, Prolia, etc)
- DexCom and FreeStyle Libre replacement
- Monitoring of blood pressure, oxygen, ETCO<sub>2</sub>, glucose, etc.
- Various point-of-care testing
- Electrocardiogram (ECG) – both 12 and 15 lead
- Environmental and fall risk assessments
- Medication management
- Bloodwork and urine testing in partnership with Lifelabs
- Care coordination with community resources, primary care physicians, and disease management programs

Currently, our focus is mitigating the decline among CHF, COPD, and diabetic patients, however, if you have a patient you feel may benefit from our home care services please contact us.

## Remote Monitoring

Individuals diagnosed with CHF, COPD, and select other conditions living at home in community, may be monitored remotely for changes in health.

Daily patient information is sent via in-home devices, notifying community paramedics and healthcare teams when problematic patient information is assessed outside of the set limits.

Clients experiencing changes in health receive assistance through the community paramedic program, in collaboration with patient healthcare teams, helping to decrease emergency department visits and hospitalizations.

# Disease Prevention and Mitigation

## Vaccination

Paramedics have been included in professions able to provide Influenza and covid vaccination. This service is offered to all community paramedic in-home and wellness clinic clients. Both the low and high dose is available through this program. Community Paramedics are involved in offering other select vaccinations in collaboration with public health.



## Outreach and Education

Community Paramedics are engaged with various community organizations offering support for underhoused individuals. The team also provides follow up for falls, mental health challenges, addictions, and 911 calls made by community paramedic clients. Community Paramedics are also involved in providing education to several schools from primary to post-secondary, professional institutions, and youth.

## Enhanced Care Community Paramedic

Community paramedics will serve a population of clients who are identified as being on the long-term care waitlist, soon to be on the waitlist, have chosen to stay at home but would otherwise qualify for long-term care placement, and/or would otherwise benefit from community paramedic involvement. Community paramedics will provide 24/7 timely response to non-emergency issues and requests for assistance from the patient and/or caregiver. Tools to assist with caregiver burnout are taught and referrals are provided. The program aims to reduce pressures on the LTC waitlists, keep people in their homes longer, and reduce avoidable 911 and ER usage. Patients receive assessment, treatment, education and referral. This program relies on a professional working collaboration with many agencies and primary care.

If you have a patient we can assist or for more information:

*Office 1-877-641-9877*

*Extension #4*

*Email:*

*cpadministration@brant.ca*

*Fax all referrals to 519-753-3525*

*Visit our website for information, referral forms, and medical order forms at*  
<https://www.brant.ca/en/emergency-services-and-health-care/community-paramedic-programs.aspx>

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**Community Paramedicine**

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