

Welcome to the County of Brant Senior's Newsletter, just for seniors! This monthly newsletter will keep you up to date with what's happening in our fabulous communities for residents 55+.

## County of Brant Seniors Drop-In Centre

We are thrilled with the overwhelming response; memberships are currently **SOLD OUT**. Thank you for your incredible support! We have been actively adding more members into our membership, and we encourage you to go on the waitlist by emailing [seniors@brant.ca](mailto:seniors@brant.ca)

We look forward to welcoming even more members soon—come explore, connect, and take part in the many programs we have to offer!

### Walking Soccer

Walking Soccer is a low impact, modified version of regular soccer, with **NO** running and **NO** contact. Walking soccer is a fun way to participate in a team camaraderie and is suitable for all levels of fitness and abilities. Indoor flat soled shoes are required. Shin pads are suggested.

Date:	Time	Location	Fee	Activity #
Friday, December 5	1:30 pm to 3:00 pm	Syl Apps Community Centre	\$6.00	7927

### Learn to Play Pickleball

Come and learn how to play the popular game of Pickleball. Equipment and balls will be provided. Please bring a clean change of shoes.

Date:	Time	Location	Fee	Activity #
Wednesday, December 10	1:00 pm to 3:00 pm	Sojourn Church	\$6.00	8403

## How to Register?

**Online:** Register online today by visiting [www.brant.ca/COBConnect](http://www.brant.ca/COBConnect)

**In-person:** Register in-person at the Brant Sports Complex (944 Powerline Road, Paris)  
Monday to Friday from 8:30 am - 8:00 pm

**Need assistance with registering?** Call **519.442.1944**.

Customer service hours are Monday to Friday from 8:30 am to 4:30 pm

## County of Brant Library Programs and Events

Check out the great things happening this July with the County of Brant Public Library! To view the full calendar of events and to register for events, visit [www.brantlibrary.ca](http://www.brantlibrary.ca) or contact the library directly at 519.442.2433.

### Drop In Crafternoon Program

Bring your own project or come use some of our wide variety of crafting supplies to get creative, chat with other local crafters and have an afternoon of fun. Drop in, all welcome!

**First Thursday of every month from 2:00 pm to 4:00 pm until Christmas – Oakland-Scotland Branch**

### Drop In History Club

Come with local history questions, or share photographs, artifacts or information you may have about the history that interests you!

Access to Ancestry, support searching our Archives, and great conversation make this monthly event a fun, engaging and surprisingly educational. For history lovers of all times and genres. Drop-in. 'Show and Tell' always welcome.

**Second Thursday of every month from 2:00 pm to 3:30 pm – Burford Branch**

\*Please register for all programs at [www.brantlibrary.ca/calendar](http://www.brantlibrary.ca/calendar) or call any of our library branches

# What else is happening in Brant?

## Queensview Retirement Community

### **Coffee & Cards on Friday, December 12 from 10:00 am to 12:00 pm**

Bring a friend or come make new ones! Games like Euchre, Slip-Bo and more will be set up and ready to play. Open to all seniors in the Paris area. Coffee and Tea provided.

- 70 King Edward Street, Paris
- 519.442.5621

## Grand River Council on Aging

The Grand River Council on Aging is a registered charitable nonprofit organization, the Grand River Council on Aging (GRCOA) is a backbone organization dedicated to encouraging and engaging the development of an "age-friendly City of Brantford, County of Brant, Six Nations of the Grand Rover and Mississaugas of the Credit First Nation.

### **Core Strengthening Chair Exercises**

The Grand River Council on Aging invites you to Sadaf Akhtar from the Adult Recreation Therapy Centre for core strengthening exercises that boost your confidence in daily activities and help you live a more active, healthy life.

- Wednesday, December 3
- 10:00 am to 11:00 am
- To register for this virtual workshop, please email [admin@grcoa.ca](mailto:admin@grcoa.ca) or call 519.754.0777 x 439

### **Life on The Line: The Evolution of the Bell Telephone**

The Grand River Council on Aging invites you to join Brian Wood, Bell Homestead National Historic Site Curator, to take a nostalgic look at how telephones have evolved over time, featuring vintage Bell Telephone models from different eras. The presentation will show examples of how the marketing of the telephone changed throughout time, reflecting the sentimental attachment people have to the phones they grew up with.

- Wednesday, December 17
- 10:00 am to 11:00 am
- To register for this virtual workshop, please email [admin@grcoa.ca](mailto:admin@grcoa.ca) or call 519.754.0777 x 439

## County of Brant OPP

Winter is on its way and Brant OPP wants everyone to be especially vigilant when driving because road conditions and weather change quite quickly. Brant OPP would like to give these winter driving tips:

- “Winterize” your car before the bad weather hits! This means having the antifreeze, tires, and windshield wipers checked and changed if necessary.
- Remember your cell phone when you drive in bad weather and always let someone know where you are going and when you should be expected back.
- Avoid driving on icy roads and be especially careful driving on overpasses or bridges. Consider alternate routes, even if it means driving a longer distance. Often bigger roads are cleared of snow better than smaller roads.
- Stock your car with basic emergency supplies such as:
  - First aid kit
  - Blankets
  - Extra warm clothes
  - Booster cables
  - Windshield scraper
  - Shovel
  - Rock salt or a bag of sand or cat litter (in case your wheels get stuck)
  - Water and dried food or canned food (with can opener!)
  - Flashlight
  - Map (if traveling in new areas)

Safety should be your priority. Staying home and delaying travel when roads and weather are poor is the best decision a person can make. Should you have to travel, make sure you take these tips, are prepared and arrive safely!

## County of Brant Fire

Happy Holidays from all of us at the County of Brant Fire Department! The holidays are a time for warmth and celebration, but they also bring increased fire risks. Seniors are especially vulnerable, so let's make safety a priority with some holiday safety tips:

- Stay in the kitchen when cooking. Unattended cooking is the leading cause of home fires.
- Keep decorations away from heat sources. Candles, fireplaces, and space heaters should be at least 1 metre from anything that can burn.
- Use flameless candles. They look festive without the fire risk.
- Check your smoke and CO alarms. Test them before guests arrive and replace batteries if needed.
- Never overload electrical outlets. Use CSA-approved lights and cords.
- If you have a live tree, water it daily. A dry tree can ignite in seconds.

Let's make this holiday season safe and joyful for everyone!

## **Brant Men of Song & Brant County Singers Christmas Concert**

Join the Brant Men of Song and the Brant County Singers for their annual Christmas Concert.

- Saturday, December 6, 7:00 pm
- Hope Christian Reformed Church, 64 Buchanan Crescent, Brantford
- Tickets \$20.00

**We want to hear from YOU! Reach out to our County of Brant Senior Services Program team with any questions, comments or ideas at [seniors@brant.ca](mailto:seniors@brant.ca)**

Do you have a group or upcoming event, and you would like to be featured in this publication? Please email [heather.slot@brant.ca](mailto:heather.slot@brant.ca), and feel free to pass this information along to anyone who may be interested.

If you do not want to receive this monthly newsletter, please respond with **UNSUBSCRIBE** and your name will be removed from the mailing list.

County of Brant Recreation Services

[www.brant.ca/Recreation](http://www.brant.ca/Recreation)

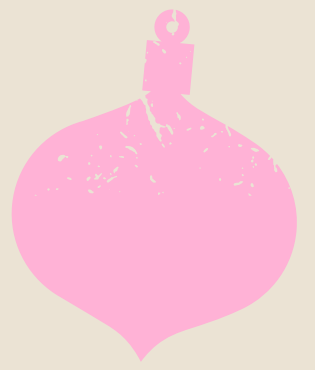
Call 519.44BRANT (**519.442.7268**) / 1.855.44BRANT (**1.855.442.7268**)

Email us at [parksandrec@brant.ca](mailto:parksandrec@brant.ca)

We're Social! **Follow us** on Facebook, Twitter and Instagram  
**@BrantCommunity**



# Have a happy holiday in Brant!



**FRIDAY,  
NOVEMBER 21**

*Holiday Lights in the Park Kickoff Event*

5:00 - 6:00 pm | Paris Lions Park, 60 Laurel Street, Paris  
Sponsored by the Paris Lions Club

**FRIDAY,  
NOVEMBER 21**

*Jingle Bell Night*

5:00 - 9:00 pm  
Downtown Paris  
Tree lighting at 7:00 pm

Tip: Skip the parking stress — Downtown Paris is a quick walk from Paris Lions Park!



**THURSDAY,  
NOVEMBER 27**

*St. George Tree Lighting*

6:30 - 7:30 pm  
Snowball Park, St George  
10 Beverly St W, St. George



**FRIDAY,  
DECEMBER 5**

*Burford Community Tree Lighting*

plus extended shopping hours  
5:00 - 8:00 pm  
Downtown Burford

**SATURDAY,  
DECEMBER 6**

*Paris Santa Claus Parade*

starts at 6:00 pm  
Downtown Paris



**SATURDAY,  
DECEMBER 13**

*St. George Santa Claus Parade*

Starts at 6:00 pm  
Downtown St. George

**SATURDAY,  
DECEMBER 13**

*Burford Santa Claus Parade*

Starts at 5:00 pm  
Downtown Burford



## Holiday Skates

### Brant Sports Complex

944 Powerline Rd, Paris

- ◆ Dec 22, 10:30 - 11:30 am
- ◆ Dec 23, 10:30 - 11:30 am
- ◆ Dec 23, 6:30 - 7:30 pm
- ◆ Dec 30, 10:30 - 11:30 am

Sponsored by the Lions Club of Paris  
Sponsored by Elementary Occasional Teachers, GEDSB

### Gaukel Memorial Community Centre

7 Gaukel Dr, St George

Dec 22, 9:00 - 10:00 am

Visit [brant.ca/Skates](http://brant.ca/Skates) for updates!

### Burford Community Centre

14 Potter Drive, Burford

- Dec 22, 4:00 - 5:00 pm
- Dec 23, 2:00 - 3:00 pm
- Dec 29, 4:00 - 5:00 pm
- Dec 30, 2:00 - 3:00 pm
- Jan 2, 2:00 - 3:00 pm

### New Years Eve Skates

December 31, 2025

Brant Sports Complex

Beginner Skate, 9:30 - 10:30 am

Public Skate, 10:00 - 11:00 am

Along with special holiday skates, you can still enjoy our regularly scheduled drop-in skates! Check out the schedule at [brant.ca/Skates](http://brant.ca/Skates)

