

Upcoming Programs, Workshops and Events

Bocce Ball

Join us for a casual game of bocce ball! Whether you're a seasoned player or just looking to try something new, everyone is welcome. It is easy to learn and a perfect way to relax and enjoy good company.

Date:	Time	Location	Fee	Activity #
Friday, May 1	1:30 pm to 2:30 pm	Syl Apps Community Centre	\$6.50	8446

Walking Soccer

Walking soccer is a low-impact, modified version of regular soccer with no running and no contact. It's a fun way to stay active, enjoy team camaraderie, and is suitable for all fitness levels and abilities. Indoor flat-soled shoes are required, and shin pads are suggested.

Date:	Time	Location	Fee	Activity #
Friday, May 15	1:30 pm to 3:00 pm	Syl Apps Community Centre	\$6.50	8448

Learn to Play Pickleball

Come and learn how to play the popular game of Pickleball. Equipment (balls and paddles will be provided) Please wear running shoes.

Date:	Time	Location	Fee	Activity #
Wednesday, May 13	1:00 pm to 3:00 pm	Dawdy Park, Paris	\$6.50	8449

Fill Your Cup

Come and join our 55+ community for a **FREE** drop in social, coffee/tea and light refreshments are provided by **Queensview Retirement Residence**. No registration is required, come alone or bring a friend!

Date:	Time	Location	Fee
Tuesday, May 26	9:30 am to 11:00 am	Sojourn Church	FREE

How to Register?

Online: Register online today by visiting www.brant.ca/COBConnect

In-person: Register in-person at the Brant Sports Complex (944 Powerline Road, Paris) Monday - Friday from 8:30 am - 8:00 pm

Need assistance with registering? Call **519.442.1944**.

Customer service hours are Monday to Friday from 8:30 am to 4:30 pm

What else is happening in Brant?

Indoor Roller Skating

Burford Community Centre, \$7.25 skater

- Tuesday, May 12 from 7:30 pm to 10:30 pm
- Tuesday, May 19 from 7:30 pm to 10:30 pm
- Tuesday, May 26 from 7:30 pm to 10:30 pm

Doors Open Along the Grand

Doors Open Ontario is a province wide heritage tourism program that gives the public free access to explore fascinating heritage properties all across Ontario.

On Saturday, May 9, 2026, from 10:00 am to 4:00 pm, celebrate and explore unique heritage buildings and sites across the City of Brantford, County of Brant and Six Nations of the Grand River — all free of charge.

For more information and participating sites, visit www.brant.ca/Doorsopen.

County of Brant Library Programs and Events

Check out the great things happening with the County of Brant Public Library! To view the full calendar of events and to register for events, visit www.brantlibrary.ca or contact the library directly at 519.442.2433.

From Fear to Fearless

- **Wednesday, May 6, Burford Branch, 6:30 pm to 8:00 pm**

Public speaking can be nerve-racking—but it doesn't have to be.

From Fear to Fearless is an inspiring, supportive workshop designed for adults who are new to public speaking or looking to build confidence and sharpen their skills for work, community involvement, or personal goals. Participants will learn practical techniques to manage nerves, organize their thoughts, and speak with greater clarity and confidence.

Voices Across Time - Classical Guitar Concert

- **Friday, May 29, 7:00 pm to 9:00 pm at Paris Branch**

Experience an evening of live music at the library! Featuring acclaimed guitarist, Emma Rush, this intimate evening promises to inspire and uplift.

English Conversation Circle

- **Tuesdays from 10:30 am to 12:00 pm at Paris Branch**

Join us for a weekly English Conversation Circle at the library, where we gather to discuss a new topic each week.

This welcoming space is designed for adults to practice their English skills, share experiences, and learn from one another. Each session includes opportunities to explore community resources, discover helpful library materials, and support newcomers as they adjust to their new environment.

Grand River Council on Aging

The Grand River Council on Aging is a registered charitable nonprofit organization and is a backbone organization dedicated to encouraging the development of an "age-friendly City of Brantford, County of Brant, Six Nations of the Grand River and Mississaugas of the Credit First Nation.

Older Adults and Mental Wellness

The Grand River Council on Aging invites you to join Lill Petrella, Mental Health Team lead at the Canadian Mental Health Association to learn how older adults can boost their mental health through various strategies, including maintaining social connections, engaging in regular physical activity, and seeking professional help when needed.

- **Wednesday, May 6, 10:00 to 11:00 a.m.**

To register for this virtual workshop, please email admin@grcoa.ca or call 519 754-0777 ext. 439

Sound Advice on Hearing Health

The Grand River Council on Aging invites you to join a representative from, Canadian Hearing Services to discuss how hearing often declines gradually with age due to changes in the inner ear and prolonged exposure to noise, making it harder to follow conversations—especially in noisy environments. Learn tips on how to protect your hearing by keeping volumes low, using ear protection in loud settings, and getting regular hearing checks to catch changes early.

- **Wednesday, May 20, 10:00 to 11:00 a.m.**

To register for this virtual workshop, please email admin@grcoa.ca or call 519 754-0777 ext. 439

County of Brant OPP

Spring Safety in Brant County: Staying Safe This May

As the weather warms up and we welcome spring in Brant County, it's a great time to get outside, reconnect with neighbours, and take care of a few seasonal safety tasks around your home.

With melting snow and spring rain, slippery walkways and driveways can still be a concern. Be sure to:

- Wear proper footwear with good traction
- Take your time when walking, especially in the early morning

Spring is also a good time to check around your home:

- Ensure outdoor lighting is working properly
- Check for any damage caused over the winter months

As more people are out and about, remember to stay aware of your surroundings when walking or shopping, and keep doors and vehicles locked.

Time to Think About Winter Tires

If you use winter tires, April is typically when many drivers begin planning to switch back to all-season or summer tires. A good rule of thumb is to change them when temperatures are

consistently above 7°C, as winter tires wear down faster in warmer weather.

In Ontario, there is no law requiring winter tires, but many insurance companies offer a winter tire discount if you have them installed.

If you receive this discount, your insurance policy usually requires that winter tires be installed during a specific period — most commonly between November 1 and April 1 (this may vary depending on your provider).

If you're unsure, it's a good idea to contact your insurance company to confirm your specific dates.

Spring is a season of renewal, and a great opportunity to refresh your routines and stay safe. If you notice anything suspicious in your neighbourhood, don't hesitate to report it to police. Staying connected helps keep our community safe for everyone.

County of Brant Fire

Welcome Summer Safely: Fire Safety Tips for Outdoor Burning

With warmer weather on the way, many of us enjoy spending more time outdoors cooking on the barbecue or relaxing by a small backyard fire. While these activities are enjoyable, summer is also a higher-risk time for fires. Following a few simple safety rules can help keep you, your neighbours, and our community safe.

Cooking Fires

Cooking fires, such as barbecues and outdoor grills, are permitted in the County of Brant with no call or fee required, as long as they are small, controlled, and supervised at all times. Remember to:

- Keep grills safely away from buildings and overhanging branches
- Never leave cooking fires unattended
- Turn off fuel sources completely when finished

Recreational Fires (Backyard Fire Pits)

Small recreational fires are also permitted with no call or fee required when all safety conditions are met. Recreational burning is allowed when:

- The fire is contained in a fire pit no larger than one square metre
- The fire is located at least 15 metres (50 feet) from buildings, fences, roadways, and property lines
- Only clean paper or wood is burned

For safe burning:

- Avoid burning on windy or dry days

- Keep water or a hose nearby
- Ensure the fire is fully extinguished before leaving it unattended

Burning materials such as brush, leaves, or garden clippings require a permit. Permits and our Open Air Burning Bylaw 55-24 can be viewed and applied for on brant.ca/fire.

By following local rules and using caution, we can all enjoy a safe and enjoyable summer outdoors.

Looking to have something featured in this publication?

Do you have a group or upcoming event, and you would like to be featured in this publication? Please email heather.slot@brant.ca, and feel free to pass this information along to anyone who may be interested.

If you do not want to receive this monthly newsletter, please respond with UNSUBSCRIBE and your name will be removed from the mailing list.

County of Brant Recreation Services

www.brant.ca/Recreation

Call 519.44BRANT (**519.442.7268**) / 1.855.44BRANT (**1.855.442.7268**)

Email us at parksandrec@brant.ca

We're Social! **Follow us** on Facebook, Twitter and Instagram
@BrantCommunity

We want to hear from YOU! Reach out to our County of Brant Senior Services Program team with any questions, comments or ideas at seniors@brant.ca